



# MARS HILL COLLEGE ATHLETIC TRAINING

## *Visiting Athletic Trainer Information*



### **Message From Host Athletic Trainer**

Dear Fellow Athletic Trainer:

The Athletic Training Staff at Mars Hill College would like to extend a warm welcome upon your visit to our campus. We would like to assure you that your athletes will be extended every possible courtesy upon their arrival.

If we can be of any further assistance, please do not hesitate to ask. We look forward to seeing you, and good luck with the upcoming athletic seasons.

Sincerely,

M. Allen Shelley, MA, LAT, ATC  
Head Athletic Trainer

### **Athletic Training Services**

#### **Football**

1. The visiting team will dress in the closed off area on the bottom floor of Chamber's Gymnasium.
2. The Athletic Training Facility is accessible from the hallway adjacent to the visiting team dressing area, and also from Meares Stadium.
3. Available modalities include: Whirlpools; Hydrocollator Units, Ultrasound and Electrical Stimulation. ***A written prescription from a Certified Athletic Trainer will be needed for Ultrasound and Electrical Stimulation.***
4. The following will be available in the visiting team locker room:
  - Two taping tables
  - One 10-gallon cooler of water
  - Two sleeves of cups
  - One 48 qt. chest of ice with bags
  - Biohazard container and Regular trash can
  - Drinks for half-time or post-game
  - Hydrocollator Unit with covers
5. The following will be available on your sideline:
  - Two treatment/taping tables
  - Three 10-gallon coolers of water
  - Six sleeves of cups
  - Two 48 quart chests of ice with bags
  - Biohazard container and Regular trash can
6. Two host athletic training students will be available to assist you.
7. The following emergency/orthopedic equipment will be available on the home sideline: Crutches; vacuum splints; AED and other emergency equipment.
8. EMS will arrive in the far end zone approximately 30 minutes prior to game time.
9. A physician specializing in orthopedics will be available on our sideline

## The Sports Medicine Staff

Mr. Allen Shelley, MA, LAT, ATC  
Director of Athletic Training  
Mars Hill College  
Post Office Box 6668, 100 Athletic Street  
Mars Hill, NC 28754  
[O] (828) 689-1176  
[TR] (828) 689-1190  
[H] (828) 689-4816  
[Cell] (828) 777-0535  
[Fax] (828) 689-1313  
Email: [ashelley@mhc.edu](mailto:ashelley@mhc.edu)

Mr. Michael Hodges, MAed, LAT, ATC  
Assistant Athletic Trainer  
[O] (828) 689-1266  
[Cell] (828) 231-6707  
Email: [mhodes@mhc.edu](mailto:mhodes@mhc.edu)

Mr. Joel Moffat, MEd, LAT, ATC  
Assistant Athletic Trainer  
[O] (828) 689-1124  
[Cell] (828) 691-5385  
Email: [jmoffat@mhc.edu](mailto:jmoffat@mhc.edu)

Ms. Kelly Ottie, MA, LAT, ATC  
ATEP Director/Assistant Athletic Trainer  
[O] (828) 689-1217  
[Cell] (704) 798-1322  
Email: [kottie@mhc.edu](mailto:kottie@mhc.edu)

Ms. Jessica Anglin, MS, LAT, ATC  
Clinical Coordinator/Assist. Athletic Trainer  
[O] (828) 689-1108  
[Cell] (828) 337-9277  
Email: [janglin@mhc.edu](mailto:janglin@mhc.edu)

Ms. Danielle Voss, MS, LAT, ATC  
Assistant Athletic Trainer  
[O] (828) 689-1245  
[Cell] (828) 777-7057  
Email: [dvoss@mhc.edu](mailto:dvoss@mhc.edu)

Dr. Jay C. Jansen  
Team Orthopedist  
Blue Ridge Bone & Joint Clinic, P.A.  
75-B Livingston Street  
Asheville, NC 28801  
[O] (828) 258-8800, ext.1402

Dr. Chipper Jones  
Internal Medicine  
Mars Hill Medical Center  
1 Chestnut Street  
Mars Hill, NC 28754  
[O] (828) 689-3507

Dr. Reese Steen  
Team Dentist  
831 South Main Street  
Mars Hill, NC 28754  
[O] (828) 689-4311

Dr. Lester L. Stowe and Dr. Susan B. Wise  
Team Optometrists  
Stowe and Wise OD's  
63 Chestnut Street  
Mars Hill, NC 28754  
[O] (828) 689-4206

Mrs. Jane W. Maney, RPH  
Team Pharmacist  
Jane's Rx Drugs  
16 North Main Street  
Mars Hill, NC 28754  
[O] (828) 689-4612

### Athletic Trainer Sport Assignments

**Allen Shelley:** Football, Men's and Women's Swimming, Men's & Women's Tennis, Men's & Women's Golf  
**Michael Hodges:** Men's Basketball, Lacrosse  
**Joel Moffat:** Men's Soccer, Women's Basketball  
**Kelly Ottie:** Men's & Women's Cross Country, Men's and Women's Swimming, Men's and Women's Track and Field  
**Jessica Anglin:** Women's Soccer, Baseball  
**Danielle Voss:** Volleyball, Softball

### Healthcare Facilities

**Medical Center**

1 Chestnut Street  
Mars Hill, NC 28754  
(828) 689-3507

Directions from Chamber's Gymnasium: Take Bailey Street to Main Street Mars Hill. Take a right on Main Street. At the next light, take a left on Mountain View Road. Then take a left on Chestnut Street. The Medical Center will be on your left.

**Mission Hospital: St. Joseph's Campus**

428 Biltmore Avenue  
Asheville, NC 28801  
(828) 213-1111

Directions from Mars Hill College: Take a left on 213 South to 19/23, and then take a right on 19/23 South to Asheville. Take 240 East (Expressway) to Exit 5B (Charlotte Street). Then take a right onto South Charlotte Street. Continue Straight until the second light. Turn left at light onto Biltmore Ave. St. Joseph's Memorial Hospital will be on your left at the second light.

**Mission Hospital: Memorial Campus**

509 Biltmore Avenue  
Asheville, NC 28801  
(828) 213-1111

Directions from Mars Hill College will be the same as for St. Joseph's campus, except Memorial campus is located just past St. Joseph's on the right at the fourth light.